



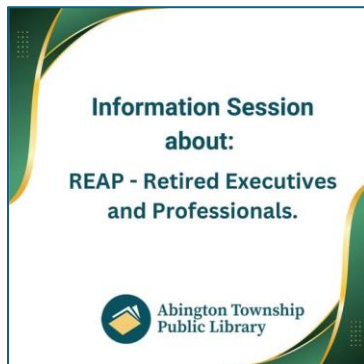
Ben ★ ★ ★ ★ ★ ★ ★ Sanchez

PA STATE REPRESENTATIVE

Community Events

ABINGTON

HEALTHY FOR LIFE SERIES!



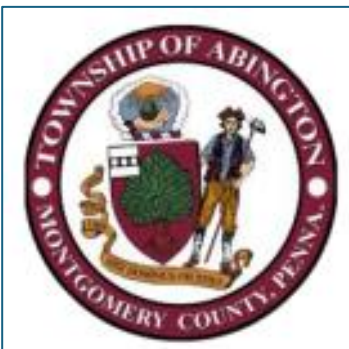
Retired Executives and Professionals Information Session

Friday January 17, 11:00 a.m. - noon

Abington Free Library

Register today for this Information Session to discover more about REAP from a current member. Learn More Here: <https://ow.ly/9cOm50UyZx2>

VOLUNTEERS WANTED: ABINGTON ZONING HEARING BOARD



The Township of Abington's Board of Commissioners is accepting written expressions of interest and accompanying resumes to serve on the Zoning Hearing Board. [To apply online, please click here.](#)

Please contact Ms. Terry Castorina, Administration and Grants Manager, at 267-536-1003, tcastorina@abingtonpa.gov, with any questions about the interview and selection process or for specific details about the committee.

To learn more about the Zoning Hearing Board, please [click here](#).

ABINGTON, CONT.

ABINGTON LIBRARY DAY OF SERVICE-FOR ALL AGES!



Looking for something to do on your day off from school or work? Join us for a Day of Service for All Ages!

Monday, January 20, 12:30 - 4:00 p.m.

Join us for volunteer projects perfect for all ages! Drop in any time to make cards for local veterans and coloring sheets for Color a Smile. We'll also be packing Care Kits for young patients at CHOP. Shop the list at <https://ow.ly/jJNP50UxVmi>. Have the items sent to the Abington Library ahead of time or bring them with you to the event! (If you'd like to drop items off before the event, you can bring them to the Information Desk.) No registration - just stop by!

GROWING TOGETHER, RELATIONSHIPS WITH ADULT CHILDREN AND GRANDCHILDREN



Saturday, January 25, 11:00 a.m.—12:30 p.m.

Bring your questions and your experiences we will talk together

- Learn strategies for growing and deepening relationships
- Pointers on how to get the most joy from time spent together
- Understand how to navigate changing dynamics over time

Inclement weather date: February 22

Registration required & for more information: [01/25/2025 | Growing together, relationships with adult children and grandchildren | Abington Township Public Library](#)

QUESTIONS TO ASK WHEN MOVING TO A SENIOR LIVING COMMUNITY



Wednesday, February 5, 1:30—2:30 p.m.

If you're considering a senior living community, there is a lot to know. From activities to dining, security to healthcare, pricing to privileges, this is a complicated process, and everything varies based on the location. So where do you begin and what questions should you make sure are answered? This overview touches upon all parts of the journey, helping you get prepared and more confident as you make this life-changing decision. To register: [02/05/2025 | Questions to Ask When Moving to a Senior Living Community | Abington Township Public Library](#)

UPPER DUBLIN

BULK TRASH



Starting January 1, 2025, bulk trash items will be charged based on quantity, with fees determined by one of the following three categories:

1. Items with Freon (refrigerant gas): \$40/item.

Examples: refrigerator, freezer, air conditioner, dehumidifier, watercooler, or any item with a cooling component.

2. Items with a Fuel Tank (must be emptied): \$30/item.

Examples: push/riding/tractor lawn mowers, snow blower, or any item with a fuel tank.

3. All other Items: \$20/item.

Examples: furniture, playground equipment, tools, exercise equipment, appliances, microwaves, emptied helium tanks, metal garage doors and openers, basketball poles, grills, trampoline bases, window blinds, water softeners, vacuum cleaners, toys, pool cover, porcelain bathroom fixtures, pool tables, carpeting, glass items, synthetic Christmas tree, child car seats/boosters/cribs/carriers, or any other item not listed WITHOUT Freon or a Fuel Tank.

To schedule & pay for a bulk trash item collection, please complete this [form](#). All requests must be submitted by 2:00 p.m. each Tuesday for collection on the following Wednesday.

RECENT DISCOVERIES ABOUT MIGRATORY BIRD ECOLOGY USING RADAR AND TELEMETRY



Location: Upper Dublin Public Library, 520 Virginia Dr. & Virtual

Date and time: Friday, Jan 17, 7:00 p.m.

Dr. Bulmer will share highlights of recent and ongoing research by his lab and colleagues in the field of aeroecology: the study of the ecology of flying animals aloft. He will talk about how he uses weather radar and radio telemetry technologies to make new discoveries into the impacts of light pollution on migrating birds and the aquatic nature of Purple Martins in our region.

UPPER DUBLIN, CONT.

WALKING CLUB



NEW! UDP&R is establishing a free Walking Club starting on **Tuesday, January 21st at 9:00 am!** We will meet on the third Tuesday of each month for a friendly walk at various nearby parks. Walking club kicks off at Twining Valley Park with a post-walk, light breakfast party sponsored by [Born To Run](#). Walking club is free but you must register to receive updates and information about our locations! Based on interest, we will add additional walks. Sign up here: [Walking Club](#)

VIRTUAL JANUARY AUTHOR TALKS



1/23 @ 2 p.m. Notes on Modern Irrationality with Bestselling Author Amanda Montell

1/28 1 p.m. An Inside Look at Working with a Literary Agent: A Conversation with Seth Fishman

Register - <https://ow.ly/OQsf50UrZBW>

GOING GREEN AT THE LIBRARY



Dates: **Thursdays 1/23, 2/20, 3/27, 5/1 & 5/22**

Time: 4:30-5:30p

Age Group: Grades K-2

Program Location: StoryLab (Children's Library)

Description: Do you have a Junior Planet Protector in your family?

They can join a team of library green-thumbs and lovers of nature! Join us to read fun stories, learn about Earth, plant seeds or plants, and "dig in" to other cool conservation activities.

Registration: Online registration required. Registration began Monday 12/9. [Click here to register.](#)

UPPER DUBLIN, CONT.

SUCCULENT SPECIAL



Dates: Saturday 1/25
Time: 10:30-11:15a
Age Group: Grades 3-6

Program Location: Story Lab (Children's Library)

Kids can have fun with plants even during the chill of winter. Learn all about how succulents survive and how you can take care of them at home. Each junior gardener will plant and take home their very own succulent.

Upper Dublin Library strives to make our programs accessible for all. For reasonable accommodations, please place a request in the program registration form or contact the library at 215-628-8744 or upperdublinlibrary@mclinc.org.

We hope to see you there! **Registration began Monday 12/9.** [Click here to register.](#)

BLOOD DRIVE



American Red Cross Blood Drive | Battle of the Badges 🚒👮

Upper Dublin Township Police Department vs. Fort Washington Fire Company

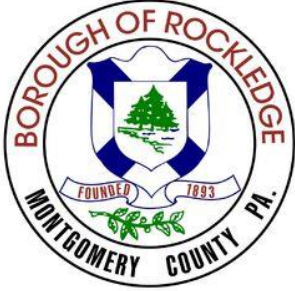
Thursday, January 30th, 2025 | 9:00a.m.-7:00p.m.

Fort Washington Fire Company (1245 Fort Washington Avenue, Fort Washington, PA 19034)

Please consider signing up to donate! Walk-ins are welcome, but registering will save you time. For an appointment, click this link (<https://www.redcrossblood.org/>) & enter the sponsor code: battleofthebadges

ROCKLEDGE

COUNCILPERSON WANTED!



Want to be a Rockledge Borough councilperson? Rockledge currently has an open council position for any Rockledge resident that is interested in serving the community. Send your letter of interest via email to: bposter@rockledgeborough.org or send a hard copy to Rockledge Borough Hall, Attention: Bryan Poster, 121 Huntingdon Pike, Rockledge, PA 19046.